

FlyLady's Packing Control Journal

Your Guide to Traveling and having enough clothes!



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Questions about your Travel Plans?

The first question you answer is HOW??

Car? Plane? Ship?

Answer _____

How many people are traveling with you? Answer _____

Now List them:

- | | |
|----------|-----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |
| 9. _____ | 10. _____ |

How many days will you be away from home? _____

Will you have access to a washing machine? _____

How many different places will you be staying? _____

List them. For example will you have one travel day that you will be in a hotel or are you going to visit several different relatives along the way?

- | | | |
|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ |
| 4. _____ | 5. _____ | 6. _____ |

How many dress-up events will you be attending? _____

List them: Example: Church, Party, and Fancy Dinner,

- | | | |
|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ |
| 4. _____ | 5. _____ | 6. _____ |

On the Road Again!

If you are spending the night on the road or traveling on a plane; you may want to pack one little bag just for the overnight stay; so you don't have to unpack the whole car to go into a hotel or your luggage gets lost. This will be the last bag you put in the car so it will be on top or it will be a carry-on piece of luggage along with your medicine/bathroom bag. So in this bag you will need one change of underwear for each person and maybe a change of clothes if you are messy riders in the car. You may be able to get by with wearing the clothes you wore the day before. Be prepared for the baby to spit up or spills. Then you will need an empty duffle bag for your dirty clothes. This will become your hamper while you are traveling. If you have access to a washing machine you will only need to take about half of the clothes that you would otherwise. A bathroom bag; this is the family bag with toiletries for everyone. Your personal items will go in your makeup bag, shaving bag or diaper bag.

Here is what you will pack in the car.

One suitcase for each person traveling (small duffle bags take up less room and pack better in the car. Michele and I are the queen of packing.)

One Family Bathroom Bag with Ziplock bags preventing spills.

A Bag with Snacks and Water

Computer Bag (I don't go anywhere without mine)

Gifts if you have room or ship them early if you don't

A small backpack for each child with their books, toys and games.

Directions for getting there and a map. I don't trust MapQuest

Coats, umbrella, a blanket if people get cold and little pillows.

And if you have several dress-up events you may want to pack all the good clothes for the whole family into one bag so the holiday clothes do not get riffled through in the children's bags or worn without you knowing. In this bag include the whole outfit; from head to toe: Hairbows, jewelry, stockings, tights, socks, shoes. You may not be able to get the shoes in the bag so put them in a canvas tote.

Packing List

Make a copy for each person traveling. Keep this in your holiday Control Journal.

Traveling Clothes: Comfortable clothes: Jeans, Jogging suits.

Lay these out and don't pack them.

Pants, Shirt, underwear, socks, shoes, sweatshirt, coat, hat
gloves. (Layer up so you can shed layers as it gets warmer)

Backpack for Car: Books, games, DVDs, colors, extra batteries,
other _____

For the Duffle Bag:

Underwear _____ One pair for each day or 1/2 if you have access to washer and dryer.

Bra _____ white, colored, black.

Socks _____ One pair for each day or 1/2 if you have access to washer and dryer.

Pajamas and robe.

Pants _____ One pair for each day or 1/2 if you have access to washer and dryer.

Shirts _____ One pair for each day or 1/2 if you have access to washer and dryer.

Sweatshirts _____

Shoes; Tennis, casual and dress-up and house shoes or slipper socks

Dress-up Clothes for _____ number of occasions.

___ Dress ___ Skirt ___ Blouse ___ Stockings/tights

___ Slacks ___ Shirt ___ Sweater ___ Socks

___ Shoes Don't forget dress shoes.

___ Hairbows

___ Jewelry

Don't forget your:

Personal Make up Bag, Medication, Diaper bag, Shaving gear.

Glasses, sunglasses, money, purse, tickets, travel documents.

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Bathroom Bag

If you have a large family you may need to take larger sizes.

Teeth:

Toothbrushes (all)
Dental floss
Mouth Wash
Toothpaste

Body:

Body Wash
Lotion
Deodorant
Powder
Q-Tips
Cotton Balls

Hair:

Brush/comb
Pick
Hair spray
Shampoo
Conditioner
Hair Dryer
Curling Iron
Hair Gel

Other:

Razor
Tweezers
Magnifying Mirror
Flashlight
Night Light
Sewing Kit
Pen and notepad
Cell Phone Charger
Nail Clippers
4 Quarters
Small Pliers
Swiss Army Knife
In suitcase if flying

Medicines:

Antacids
Tylenol
Aspirin
Vitamins
Benadryl
Advil
Cough Syrup
ChildrenMeds
Adult Meds
Car Sick Pill
Other

Makeup Bag:

For each lady

Cleanser
Toner
Moisturizer
Concealer
Foundation
Blush
Eye shadow
Eye liner
Lip liner
Lipstick
Lip Gloss
Face Powder
Baby Powder
Deodorant
Perfume

Saving Gear

For the guy

Electric Razor
Shaving Cream
Face Lotion
Cologne
Deodorant
Hair Gel

Diaper Bag

For the Baby

Diapers
Burp pads
Bottles
Ointment
Change of clothes
Baby Wipes
Garbage bag
Pacifer
Toys small or Book
Hand Sanitizer
Wet Ones

Time to Load Up the Car!

Now what could we have forgotten? Take a few minutes to sit down with a cup of tea and go over this list before you pack up the car. Does all your luggage have tags?

If you have a baby are you taking your travel baby bed? If yes then pack it first; unless you want to use it if you are staying in a hotel on the way to your destination. Then it will be one of the last things you pack.

Now depending on whether you have a car with a trunk, a Van or SUV. You may want to use a cargo net to hold the luggage in place in the event of an accident. I have a station wagon and I use my cargo net all the time. You can get them at the auto parts store or WalMart.

Position the cargo net in the vehicle if you are using one. It goes first because it has to be hooked in place around the luggage. Then get all the luggage staged by the back door: If you have helpers.

Put the luggage that you will not need and the gifts that you want to hide in first. Keep the things that you will need easy access to toward the last and on top. Make sure that each child has his or her backpack and coat. Coats can go on top of the luggage. Children don't need to wear coats while they are strapped into car seats. Keep a place for the snack bag and water bottles; strapped in and easy access.

Now where is your purse, the extra set of car keys, some Wet ones, tickets, maps and some holiday music? You are ready to Go!!!